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WORK EXPERIENCE

- ▶ 2011 - 2023 A Laboratory technician employee zoology department faculty of science, Zawia University.
- ▶ 2013-2019, Master degree program, zoology department faculty of science, Zawia University.
- ▶ 2018-2023 member of Libyan research group of plant and medicine, Zawia University.
- ▶ 2023-present A researcher at the Advanced research Center for Plant and Complementary Medicine- Zawia university

EDUCATION AND TRAINING

- ▶ 2007-2010 bachelor degree in ,zoology department faculty of science, Zawia University.
- ▶ 2018 FCE certificate of English
- ▶ 2021 Coursera certificate completion of writing in the science
- ▶ 2022 Master degree in . zoology department faculty of science
- ▶ 2022 Certificate of Virtual Labs Course from the E-Learning Center Zawia University
- ▶ 2023 certificate of Training course in raising the efficiency of workers in the field of chemistry

LANGUAGES

English ● B1 of English Language (Independent user)

Arabic ● Native language

PUBLICATIONS

Ahlam Rashed, Seham T.M. Oshkondali , Nouri Kushlaf , Amal Elshebani , Samira A. Alacrouk , Fadia T.M. Oshkondale , Manal Elsheli , **Zuhur R. Almesai** , Ameerah Shaeroun, Steven L. Stephenson, Fuad Ameen, Osama Abdel-Hafeez Mohamed Al-Bedak.2024 . GC-MS ANALYSIS And evaluation of antioxidant, anticancer, cytotoxicity, and hypoglycemic properties of the Libyan *Moringa Oleifera* leaf extract on Alloxan-induced diabetes in mice. *Bulletin of Pharmaceutical Sciences*. Assiut University.(47) 2. 1-16.

Nouri kushlaf .Ahlam Rashed. fadia oshkondali .Manal Elsheli.and **Zuhur Rajab ALmesai**.2024. The effect of chemical fertilizer,yeast and Vitamic C treatments on the chemical characteristics of mido cucumber.*International journal of science and technology*.(9)7.7499-7502.

Seham .T.M.Oshkondali .Ahlam Rashed. Samira, A Alacrouk. Manal Elsheli. Ameerah shaeroun. Nadea Almunir. Amal Alshebani.Fdia Taufik M. and **Zuhur Rajab ALmesai**. 2023 . Effect of Abelmoschus edculentus (Okra) fruit extract on glucose level in alloxan -induced diabetic mice in Libya. *International multi lingual journal of science and technology* .(8)11

Ahlam Rashed, Ameerah Shaeroun, Ahmed Belgasem Ahmed, Hamed Alqamoudy, Khalifa.S.Mohamed, Nadea Almunir, Nouri Kushlaf, A.M.EL-mahmoudy, Akram Almabrouk misbah, Seham TM Oshkondali, and **Zuhur rajab Almesai**.(2019) Thin Layer Chromatography (TLC) and Phytochemical Analysis of Moringa Oleifera Methanol, Ethanol, Water and Ethyl Acetate Extracts. *Saudi Journal of Medical and Pharmaceutical Sciences*. 5(10): 817-820.

Seham T. M.Oshkondali, EL-Mahmoudy, FadiaTaufik Samira, A alacrouk, Khaled Milad Abu, AhlamRashed, Ali Elahrash ,**Zuhur, RajabAlmesai**.(2019) Alloxan Dose Optimization to Induce Diabetes in Albino Mice and the Determination of the Induced Diabetes Type. *Saudi Journal of Medical and Pharmaceutical Sciences*. 5(10): 813-816.